



STAY IN YOUR DAY
 PLANNED PRODUCTIVITY = EASE

TOP PRIORITIES FOR THE WEEK:

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
DATE			DATE			DATE			DATE			DATE		
Gratitude:			Gratitude:			Gratitude:			Gratitude:			Gratitude:		
Movement:			Movement:			Movement:			Movement:			Movement:		
Act of Kindness:			Act of Kindness:			Act of Kindness:			Act of Kindness:			Act of Kindness:		
PLANS FOR THE WEEKEND					WHAT TASKS CAN I MOVE TO NEXT WEEK?					WHAT LESSON DID THIS WEEK TEACH ME?				